



The Framingham Heart Study

A Project of the National Heart, Lung, and Blood Institute and Boston University

April 18, 2017

Dear friends and colleagues,

We are delighted to announce that Philip A. Wolf, MD, will be honored by the American Heart Association at the 2017 Boston Heart & Stroke Ball with the esteemed Paul Dudley White Award.

This award is named in honor of one of Boston's most revered cardiologists, Dr. Paul Dudley White, founding father of the American Heart Association, and epitomizes the organization's most prestigious tribute. It has been bestowed annually for more than 40 years to a Massachusetts physician dedicated to cardiovascular or stroke care.

Dr. Wolf, who is the first neurologist to receive this honor, has dedicated his career to researching the epidemiology of stroke and dementia. He was recruited to the Framingham Heart Study, which has examined cardiovascular diseases across three generations of New Englanders, in 1967 as its first and, at the time, only neurologist. He would go on to serve as the study's principal investigator from 1989 until 2014.

Dr. Wolf's research identified risk factors for cardiovascular diseases, including stroke. He was co-author of a landmark paper published in the Journal of the American Medical Association in 1970 that was among the first to clearly establish blood pressure as a risk factor for stroke. His research has also showed that hypertension, obesity, smoking, diabetes and physical inactivity are risk factors not only for stroke, but for cognitive decline and dementia, as well.

In 2002, Dr. Wolf stepped down from the post of chief of the Cerebrovascular Disease Section of the Department of Neurology at Boston Medical Center, a position he held for more than 30 years. He is also professor emeritus of neurology at Boston University School of Medicine.

Dr. Wolf has authored or co-authored over 500 refereed articles, book chapters, and abstracts. His publications are largely focused on the topics of the epidemiology of stroke, dementia and cognitive decline. He received his medical degree from the State University of New York College of Medicine at Syracuse and completed his residency at Massachusetts General Hospital in Boston.

An avid runner, Dr. Wolf has completed nine marathons, including five Boston Marathons and two New York City Marathons. He and his wife Bobbie have been married for 48 years. They reside in Boca Raton, Fla., during the winter and Osterville, Mass., during the summer. They have two children and seven grandchildren.

Please join us in congratulating Dr. Wolf for receiving the Paul Dudley White Award. In his commitment to the American Heart Association and the care of his patients, he exemplifies the characteristics of Dr. White and is richly deserving of this great honor.

Sincerely,

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