1

Numerical Data--Part I

OMB NO=0925-02	216 12/31/2007			
	I	Basic Information		
	Examiner's Number for Basic Information.			
<u> </u>	Sex of Participant (1=Male	e, 2=Female)		
	Age of Participant (years)	, 99=Unknown.		
	Site of Exam (0=Heart Stud	dy, 1=Nursing home, 2=R	esidence, 3=Other)	
_ _	Weight (to nearest pound)		Protocol modification	0=No 1=Yes
If offsite, fill 🖝			ight (0=FHS protocol/field vi in NH chart, 2= Other, write	
	_* *	Date weight obtained (mm	n/dd/yyyy)	
_ * _	Height (inches, to next low	er 1/4 inch)	Protocol modification	0=No 1=Yes
	In the past year, have you 0=No, 1= Yes, unintentionally, NO 2= Yes, intentionally, due to	OT due to dieting or exerci		
	D	1 A 4b		
		ional Anthropometry		
1 1 1 1	·	elow with 9's if not done or ur	nknown)	
	Examiner's Number for anth			
	Waist Girth at umbilicus (in	nches, to next lower 1/4 inch)	Protocol modification	
_ _ * _	Waist Girth at iliac crest (in	nches, to next lower 1/4 inch)	Protocol modification	0=No 1=Yes 8=Offsite
<u> </u> * _	Sagittal abdominal diamete		Protocol modification	
<u> _ </u>	Are you fasting ≥ 8 hours?			
Comments on	all protocol modifications:			

TECH01

OMB NO=0925-0216 12/31/2007

	Exam 8 Procedures Sh	neet	
Ш	Informed Consent Signed	0=No, 1=Yes, 2=Consent signed, may qualify for waiv 3=Waiver used, 4=Other	ver
	Anthropometry		
<u> </u>	Sociodemographic Questions		
<u> </u>	SF-12 Health Survey		
<u> </u>	CES-D Scale		
<u> </u>	Exercise Questionnaire	0=No,	
<u> </u>	Mini-Mental Status Exam	0-110,	
<u> </u>	Urine Specimen		
<u> </u>	Blood Draw	1=Yes,	
<u> </u>	ECG	1 100,	
	Observed performance (Timed walk hand grip)		
<u> </u>	Tonometry /ECHO/Carotid		
<u> </u>	Ankle-brachial blood pressure by Doppler.	8=Offsite visit	
<u> </u>	Spirometry		
<u> </u>	Post bronchodilator Spirometry		
<u> </u>	Diffusion Capacity		
	Reason Spirometry not done Reason post bronchodilator test not done	1=Major Surgery, 2=Heart Attack 3=Stroke, 4=Aneurysm, 5=BP>210/110 6=Refused, 7=	-
	Reason Diffusion not done	Aborted, 8=Other, 10=equipment problems	
	Exit Interview		
	Examiner ID Procedure sheet reviewed		
<u> </u>	Referral sheet reviewed	0=No	
<u> </u>	Willett dietary questionnaire provided (if not o	completed in clinic) 1=Yes	
<u></u>	Left clinic w/ belongings	8=Offsite	
<u> </u>	Feedback 0=No feedback, 1=Positive feedback, 2	=Negative feedback, 3=Other	
	Comments		

TECH02

For Participants Wish to Complete Their Exam on a Second Visit

OMB NO=0925-0216 12/	31/2007
	Second Exam Date (If participant returns to finish their clinic exam on a date other than the original exam date, then fill in the date they return here. Otherwise leave entire page completely blank)

Keyers: if Second Exam Date is not filled and page is blank' then leave the page all blank.

Fill in with 1=yes if procedure <u>was done</u> on the <u>Second</u> Exam Date and 0=no if procedure <u>was not done</u> on the <u>Second</u> Exam Date. Note that informed consent from first visit will cover the second visit.

	Exam 8 Procedures She	eet		
	MD Questionaire.			
<u> </u>	Anthropometry			
<u> </u>	Sociodemographic Questions			
<u> _ </u>	SF-12 Health Survey			
<u> _ </u>	CES-D Scale	0-N-		
<u> _ </u>	Exercise Questionnaire	0=No,		
<u> _ </u>	Mini-Mental Status Exam			
<u> _ </u>	Urine Specimen	1=Yes,		
L	Blood Draw	1–168,		
<u> _ </u>	ECG			
1.1	Observed performance (Timed walk hand grip)			
<u> </u>	Tonometry /ECHO/Carotid 8=Offsite visit			
	Ankle-brachial blood pressure by Doppler.			
	Spirometry			
L	Post bronchodilator Spirometry			
	Diffusion Capacity			
	Reason Spirometry not done	1=Major Surgery, 2=Heart Attack		
· · · · · ·	Reason post bronchodilator test not done	3=Stroke, 4=Aneurysm, 5=BP>210/110		
	_l	6=Refused, 7=Test Aborted, 8=Other,		
	_ Reason Diffusion not done	10=equipment problems		

TECH02a

«LName», «FName» **Rosow-Breslau Scale**

OMB NO=0925-0216 12	2/31/2007			
	Examiner's Number for Socio-demographics			
	Socio-demographics			
	Where do you live? (0=Private residence, 1=Nursing home, 2=Other institution, such as: assisted living, retirement community, 9=Unknown			
	Does anyone live with you? (0=No, 1=Yes, Code Nursing Home Residents as NO to the	se questions		
YCXY -	Spouse	0=No 1=Yes, less than 3 mo	onths per year	
If Yes •	Significant Other	2=Yes, more than 3 m 9=Unknown		
If 0 or 9, skip down	Children	9=Unknown		
	Friends			
	Relatives			
	Use of Nursing and Community	Services		
_ Have past y	you been admitted to a nursing home (or ski ear)	lled facility) in the	0=No	
	past year, have you been visited by a nursing community, or outpatient programs?	g service, or used	1=Yes 9=Unknown	
	Rosow-Breslau Questions			
	ou able to do heavy work around the house, or washing windows, walls, or floors withou	t holn?)=No =Yes	
Are y	ou able to walk half a mile without help? (A		=Unknown	
Are y help?	ou able to walk up and down one flight of st	airs without		

CES-D Scale (Self-administered)

The questions below ask about your feelings.

Circle best answer for each question DURING THE PAST WEEK	Rarely or none of the time (less than 1 day)	Some or a little of the time (1-2 days)	Occasionally or moderate amount of time (3-4 days)	Most or all of the time (5-7 days)
1. I felt that everything I did was an effort.	0	1	2	3
2. I could not "get going"	0	1	2	3

TECH03

Katz Activities of Daily Living Scale

OMB NO=0925-0216 12/31/2007

	Examiner's Number for Activities of Daily Living	
During the Course of a Normal Day, Can you do the following activities independently or do you need human assistance or the use of a device? Coding: 0=No help needed, independent, 1=Uses device, independent, 2=Human assistance needed, minimally dependent, 3=Dependent, 4=Do not do during a normal day, 9=Unknown		
<u> </u>	Dressing (undressing and redressing)	
	Devices such as: velcro, elastic laces;	
<u> </u>	Bathing (including getting in and out of tub or shower)	
	Devices such as: bath chair, long handled sponge, hand held shower, safety bars;	
	Eating	
	Devices such as: rocking knife, spork, long straw, plate guard.	
	Transferring(getting in and out of a chair)	
	Devices such as: sliding board, grab bars, special seat;	
	Toileting Activities (using bathroom facilities and handle clothing)	
· 	Devices such as: special toilet seat, commode;	

TECH04

Physical Activity Questionnaire--Framingham Heart Study Tech-administered

OMB NO=0925-0216 12/31/2007

	Examiner ID		
	Rest and Activity for a Typical Day (Activities must equal 24 hours)	Number of hours	
SleepNum	ber of hours that you typically sleep?		
Sedentary	Number of hours typically sitting?		
Slight Activ	rityNumber of hours with activities such as standing, walking?		
	activityNumber of hours with activities such as housework ast, yard chores, climbing stairs; light sports such as bowling, golf)?		
work, heavy	vityNumber of hours with activities such as heavy household yard work such as stacking or chopping wood, exercise such as ortsjogging, swimming etc.?		
Total numb	total of above items)	24	
	What is your normal walking pace outdoors?		
	0 = Unable to walk 1 = Easy, casual, slow (less than 2 miles per hour) 2 = Normal, average (2 to 2.9 miles per hour) 3 = Brisk pace (3 to 3.9 miles per hour) 4 = Very brisk pace (4 to 4.9 miles per hour) 9 = Unknown		
Ш	How many flights of stairs (not steps) do you climb daily? (10 stairs per flight)		
	0 = No flights 1 = 1-2 flights 2 = 3-4 flights 3 = 5-9 flights 4 = 10-14 flights 5 =>15 flights 9 = Unknown		

TECH05

Physical Activity Questionnaire--Framingham Heart Study Tech-administered

OMB NO=0925-0216 12/31/2007

I am going to read a list of activities. Please tell me which activities you have done in the past year.

		Examiner ID				
During	past year	0=No, 1=Yes, 8=Refused, 9=Unknown	In _ typical 2 week period of time, how often do you (name	Average time/s	session	Number months/year
			of activity)	hours	minutes	0-12
	Walking fo	r exercise				_ _
<u> </u>		s/general exercise	_	_ _	_	
_	Moderate so	trenuous household				_ _
<u> </u>	Mowing the	e lawn	_ _	_		
	Gardening					
<u> </u>	Hiking		_	_		
	Jogging					
<u> </u>	Biking		_ _	_	_	_ _
_	Exercise cy machine	vele, ski or stair	_	_ _		_ _
<u> </u>	Dancing		_ _	_ _		<u> _ _</u>
<u> </u>	Aerobics		_ _	_		
<u> </u>	Golf			_ _		_ _
_	Swimming		_ _	_	_	_ _
<u> </u>	Weight trai machines)	ning (free weights,	_ _	_		
<u> </u>	Other, write	e in	_ _ _	_ _		
<u> _ </u>	Other, write	e in				

TECH06

7

Nagi Questions

OMB NO=0925-0216 12/31/2007

	Examiner's Number for Activities - Part B
	Nagi Questions
C C	me whether you have
(0) No Difficulty (1) A Little Difficult	
(2) Some Difficulty	y .
(3) A Lot Of Difficult	lty
(4) Unable To Do	
(5) Don't Do On MD	
` '	Difficulty Because not Done as Part of Daily Activities
(9) Unknown	
<u> </u>	Pulling or pushing large objects like a living room chair
<u> </u>	Either stooping, crouching, or kneeling
<u> </u>	Reaching or extending arms below shoulder level
<u> </u>	Reaching or extending arms above shoulder level
<u> </u>	Either writing, or handling, or fingering small objects
<u> </u>	Standing in one place for long periods, say 15 minutes
	Sitting for long periods, say 1 hour
<u> </u>	Lifting or carrying weights under 10 pounds (like a bag of potatoes)
<u> </u>	Lifting or carrying weights over 10 pounds (like a very heavy bag of groceries)

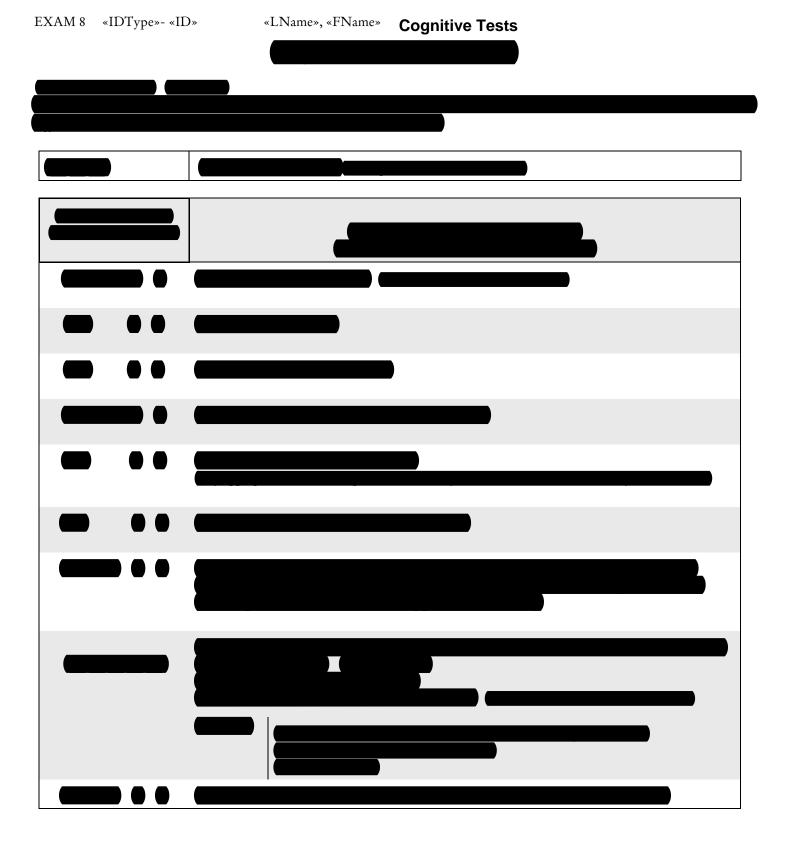
TECH07

Falls/Fractures

OMB NO=0925-0216 12/31/2007

	Examiner's Number for Activities - Part C		
		Fractures	
		Since Your Last Clinic Visit Have You Broken Any Bones? (Code: 0=No, 1=Yes, 2=Unsure, 9=Unknown)	
If Yes, fill 🕶	_ _	Location of fracture:	
		Location (code unknown as 99)	
		1. Clavicle (collar bone)	
		2. Upper arm (humerus) or elbow	
		3. Forearm or wrist	
		4. Hand	
		5. Back (If disc disease only, code as no)	
		6. Pelvis	
		7. Hip	
		8. Leg	
		9. Foot	
		10. Other (specify)	

TECH08



TECH09

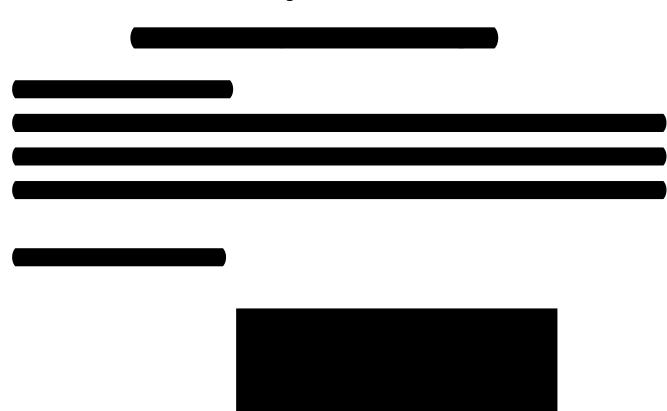
«LName», «FName»

Cognitive Tests

• • • •	
• • • •	
• • • •	
• • • •	
• • • •	
• • • •	

OMB NO=0925-0216 12/31/2007

Cognitive Tests



Observed performance. Part 1

OMB NO=0925-0216 12/31/2007

	Examiner's I	Number				
	HAND GRIP TEST Measured to the nearest kilogram					
	nand G	Right hand				
		Right hand				
Trial 1	99=Unknown		<u> </u>			
Trial 2	99=Unknown		<u> </u>			
Trial 3	99=Unknown					
		Left hand				
Trial 1	99=Unknown					
Trial 2	99=Unknown					
Trial 3	99=Unknown		_ _			
Was this test completed? (0=No, 1=Yes, 8=Not attempted, 9=Unknown)						
If	If not attempted or completed, why not?					
	Physical limitation	3=Otherwrite in				
2=	=Refused	9=Unknown				

TECH11

Observed performance. Part 2

OMB NO=0925-0216	12/31/2007
	Examiner's Number

MEAS	SURED WALKS			
Walking aid used: 0=No aid, 1=Cane, 2	=Walker, 3=Wheelchair, 4=Other,	9=Unknown		
I	First Walk			
Was this test completed? (0=No, 1=Ye				
If not attempted or completed 1=Physical limitation	3=Other	write in	<u> _</u>	
2=Refused	9=Unknown			
Walk time (in seconds, 99.99=Unknown	1)		_ * _	
Se	econd Walk			
Was this test completed? (0=No, 1=Ye	s, 8=Not attempted, 9=Unknown)		1 1	
If not attempted or completed	, why not?			
1=Physical limitation 2=Refused	3=Other 9=Unknown	write in	II	
Walk time (in seconds, 99.99=Unknown	n)		_*	
Quick Walk				
Was this test completed? (0=No, 1=Ye				
If not attempted or completed 1=Physical limitation	, why not? 3=Other		1 1	
2=Refused	9=Unknown	write in	II	
Walk time (in seconds, 99.99=Unknown	1)		*	

TECH12

«LName», «FName»

Doppler Ankle Brachial Blood Pressure Measurements. Tech- Obtained

	LOOD PRESSU	107 RES BY DOPPLER (to be take	en in the fo	llowing order with	n participant supine
after 5 minutes		Number for Donnler Ankle Brack	nial Blood Pr	recuire	
	Examiner's Number for Doppler Ankle Brachial Blood Pressure. Cuff size, arm 0= pediatric, 1= r				regular adult
	Cuff size, an			2= large adult, 3= thigh	
_	Cull Size, ankie				
		Right arm			
		Right ankle	300=≥300		
		Left ankle	999= Unk or n	ot done	
		Left arm			
REPEAT SYSTO	LIC BLOOD PRE	SSURE MEASUREMENTS (rever	rse order)		_
		Left arm	200 > 200		
		Left ankle	300= <u>></u> 300)	
			999= Unk	anown	
		Right ankle	or not done		
THIPD SYSTALL		Right arm <i>URE MEASUREMENT (order as</i>	s in vanaat	SPD) To be obtained	lifinitial and variat
	iffer by more than	,	s in repeal L	10 de obtainea	ij initiat and repeat
		Left arm	200 > 200		
		Left ankle	$300 = \ge 300$		
		Right ankle	999= Unknown or not done		
		Right arm			
	Right Ankle bloo			0= posterior tibial 1= dorsalis pedis (:	\ /
	Left Ankle blood	l pressure site		- ucround pound (
EXCLUSIONS:					1
Right	Left	Laway Fytuamity Fralesia	0- Nona 1	=	ation
<u> _</u>		Lower Extremity Exclusions		= venous stasis uicer tion, 3= other	ation,
	_ _	Upper Extremity Exclusions		=Mastectomy,	

TECH13

0= No,1= Yes

2=Incomplete/ refused

Version #8 GM 09-27-05 15

Protocol modification, write in_

Respiratory Disease Questionnaire. Technician Administered.

OMB NO=0925-0216 12/31/2007

	Respiratory Diagnoses					
	Examiner ID	,				
 If yes,		exam have you had as	thma?	0=No		
fill 🕶						
	2. Since your last exam have you had hay fever (allergy involving the nose and/or eyes)? 3. Since your last exam have you had pneumonia (including bronchopneumonia)?					
		exam have you had	•			
		Condition?	Health professional DX?	Age condition began		
	Chronic Bronchitis	(0=	=No, 1=Yes)	99=Unk		
	AIFORIC DEORCHIUS					
E	Emphysema					
	COPD		<u> </u>	_		
	active pulmonary disease	<u> </u> _	<u> </u>	<u> </u>		
S	leep Apnea		1.1	1 1 1		
Pt	ulmonary Fibrosis		<u></u> 1			
		Inhal	er Use			
 If yes,	5. Do you take inha	lers or bronchodilato	rs?	0=No 1=Yes		
Do you use any of these medications- Albuterol, Proventil, Ventolin, 0=No Combivent, Maxair, Volmax, Xopenex, Bronkoometer, pirbuterol, 1=Ye levalbuterol, or metaproterenol						
	If yes, _ How many hours ago did you last use the medication, either by inhaler or nebulizer? (Time in hours)					
	Sere		salmeterol, or formoterol	0=No 1=Yes		
	If yes, How many hours ago did you last use the medication? (Time in hours)					

TECH14

Respiratory Disease Questionnaire. Technician Administered.

OMB NO=0925-0216 12/31/2007

Triggered airway symptoms							
	1. When you are near animals, such as cats, dogs, or horses, near feathers, including pillows, quilts, or in a dusty or moldy part of the house, do you ever						
	Start to cough?						
	Start to wheeze?						
<u> _ </u>	Get a feeling of tightness in your chest?	0=No 1=Yes					
Ш	Start to feel short of breath?						
<u> </u>	Get a runny or stuffy nose or start to sneeze?						
<u> </u>	Get itching or watering eyes?						
2. When yo	ou are near trees, grass, or flowers, or when there is a lot of pollen in the ai	r, do you ever					
<u> _ </u>	Start to cough?						
	Start to wheeze?	0=No 1=Yes					
<u> _ </u>	Get a feeling of tightness in your chest?						
	Start to feel short of breath?						
<u> </u>	Get a runny or stuffy nose or start to sneeze?						
<u> </u>	Get itching or watering eyes?						
	3. Do you currently have a cat, dog, or other furry pets living in your home?	0=No 1=Yes					

TECH15

Proxy form

OMB NO=0925-0216 12/31/2007

<u> </u>	Proxy used to complete this exam (0=No, 1=Yes, 1 proxy, 2=Yes, more than 1 proxy, 9=Unk)						
if yes, fill •	Proxy Name						
IIII •	<u> _ </u>	Relationship (1=1 st Degree Relative(spouse, child), 2=Other Relative,					
	3=Friend, 4=Health Care Professional, 5=Other, 9=Unknown						
	_ * How long have you known the participant?						
		(Years, months; 99.99=Unk) example: 3m=00*03					
	<u> </u>	Are you currently living in the same household with the participant?					
		(0=No, 1=Yes, 9=Unk)					
How often did you talk with the participant during the prior 11 month (1=Almost every day, 2=Several times a week, 3=Once a week,							
	4=1 to 3 times per month, 5=Less than once a month, 9=Unknown)						
	Proxy Name						
	<u> </u>	Relationship (1=1 st Degree Relative(spouse, child), 2=Other Relative,					
		3=Friend, 4=Health Care Professional, 5=Other, 9=Unknown					
	_ * _	How long have you known the participant?					
	_l	(Years, months; 99.99=Unk) example: 3 m=00*03					
	<u> _ </u>	Are you currently living in the same household with the participant? (0=No, 1=Yes, 9=Unk)					
	<u> </u>	How often did you talk with the participant during the prior 11 months? (1=Almost every day, 2=Several times a week, 3=Once a week,					
		4=1 to 3 times per month, 5=Less than once a month, 9=Unknown)					

Sociodemographic questions. Part I Self-administered

OMB NO=0925-0216	12/31/2007
Wha	t is your current marital status?
	1=single/never married,
	2=married/living as married/living with partner
	3=separated
	4=divorced
	5=widowed
	9=prefer not to answer
	7-prefer not to answer
Whic	ch of the following best describes you?
	check which applies)
	Hispanic or Latino
<u> </u>	Not Hispanic or Latino
Race (chec	k ALL that apply)
	Caucasian or white
<u> </u>	African-American or black
	African-American of black Asian
	Native Hawaiian or other Pacific Islander American Indian or Alaska native
	prefer not to answer
What	is the highest degree or level of school you have completed?
(if cu	rrently enrolled, mark the highest grade completed, degree received)
	0= no schooling
	1=grades 1-8
	2=grades 9-11
	3=completed high school (12 th grade) or GED
	4=some college but no degree
	5=technical school certificate
	6=associate degree (Junior college AA, AS)
	7=Bachelor's degree (BA, AB, BS)
	8=graduate or professional degree (master's, doctorate, MD, etc.)
	9=prefer not to answer
Please	choose which of the following best describes your current
employment stat	•
	0=homemaker, not working outside the home
	1=employed (or self-employed) full time
	2=employed (or self-employed) part time
	3=employed, but on leave for health reasons
	4=employed, but temporarily away from my job
	5=unemployed or laid off or full-time student
	6=retired from my usual occupation and not working
	7= retired from my usual occupation but working for pay
	8= retired from my usual occupation but volunteering
	9=prefer not to answer
	10=unemployed due to disability

TECH17

Sociodemographic questions. Part II. Self-administered

OMB NO=0925-0216 12/31/2007

	What is your current occupation? Write in
_ _	Using the occupation coding sheet choose the code that best describes your occupation.

YES	NO	Do you have some form of health insurance?
YES	NO	Do you have prescription drug coverage?

TECH18

SF-12® Health Survey (Standard) Self-administered

OMB NO=0925-0216 12/31/2007

This questionnaire asks for your views about your health. This information will help you keep track of how you feel and how well you are able to do your usual activities.

Please answer every question by marking one box. If you are unsure about how to answer a question, please give the best answer you can.

give the best answer you can.					
1. In general, would you say your heal	lth is:				
	Excellent	Very good	Good	Fair	Poor
The following questions are about activities? If so, how much		ght do during a	Yes,	Does <u>your hea</u> Yes, limited	No, not limited
 Moderate activities, such as moving vacuum cleaner, bowling, or playing g Climbing several flights of stairs 	-	shing a	a lot	a little	at all
During the <u>past 4 weeks</u> , have you had activities <u>as a result of your physical had activities</u>	•	ollowing proble	ems with your	work or other	regular daily
4. Accomplished less than you would	like			Yes	No
5. Were limited in the kind of work or	r other activit	ies			
During the <u>past 4 weeks</u> , have you ha activities <u>as a result of any emotional</u>	-	U 1	-		r regular daily
6. Accomplished less than you would	like			Yes	No
7. Didn't do work or other activities as	s carefully as	usual			

TECH19

SF-12 Health Survey (Standard) Self-administered

OMB NO=0925-0216 12/31/2007

Not at all bit Woderately Quite a Extremely bit	8. During the <u>past 4 weeks</u> , how much did <u>pain</u> interfere with your normal work (including both work outside the home and housework)?						
These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks All of Most of A good bit Some of A little of None of the time the time the time the time the time the time. 9. Have you felt calm and peaceful? 10. Did you have a lot of energy? 11. Have you felt downhearted and blue? 12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? All of Most of Some of A little of None of	culting the home and housewar	Ń			oderately	_	Extremely
How much of the time during the past 4 weeks All of Most of the time th			3				0
All of the time with time of the time of the time with time of the time of the time with time of the time with time of the time with time of the time of the time with time of the time of the time of the time with time of the time of t	question, please give the one answ	wer that con	nes closest t			•	veeks. For each
peaceful? 10. Did you have a lot of energy? 11. Have you felt downhearted and blue? 12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? All of Most of Some of A little of None of	now mach of the time during the	All of	Most of				
energy? 11. Have you felt downhearted and blue? 12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? All of Most of Some of A little of None of	•			0			•
downhearted and blue? 12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? All of Most of Some of A little of None of	_						
interfered with your social activities (like visiting friends, relatives, etc.)? All of Most of Some of A little of None of						_	
		ies (like vis Al	ting friends l of M	s, relatives, etc ost of So	c.)? me of A li	ittle of N	one of

TECH20

Sleep Questionnaire. Part 1 Self-administered

OMB NO=0925-0216 12/31/2007

hours	How much sleep do you usually get at night (or your main sleep period) on weekdays or work days? (Number of hours)					
hours	How long does it usually take you to fall asleep at bedtime? (Ness)	Number of hours, 1=1hour or				
	Sleep Related Symptoms (days/nights)					
	In the past 12 months, how often do you snore while you are sleeping?	0=Never 1=Rarely(1-2 nights/week)				
	In the past 12 months, how often do you snort, gasp, or stop breathing while you are asleep?	2=Occasionally(3-4 nights/week) 3=Frequently(5/more nights/week) 9=Don't know				

Please indicate how often in the past month you experienced each of the following. (Circle one response for each item)							
	Never	Rarely (1/month or less)	Sometimes (2-4/month)	Often (5-15/month)	Almost always (16-30/month)		
Have trouble falling asleep	0	1	2	3	4		
Wake up during the night and have trouble getting back to sleep.	0	1	2	3	4		
Wake up too early in the morning and be unable to get back to sleep.	0	1	2	3	4		
Feel excessively (or overly) sleepy during the day.	0	1	2	3	4		

TECH21

Sleep Questionnaire. Part 2 Self-administered

OMB NO=0925-0216 12/31/2007

What is the chance that you would doze off or fall asleep (not just "feel tired") in each of the following situations? (Circle one response for each situation. If you are never or rarely in the situation, please give your best guess for that situation) Slight Moderate No High Sitting and reading Watching TV. Sitting inactive in a public place (such as theater or a meeting) Riding as a passenger in a car for an hour without a break. Lying down to rest in the afternoon when circumstances permit. Sitting and talking to someone Sitting quietly after a lunch without alcohol. In a car, while stopped in traffic for a few minutes. At the dinner table. While driving

Have you ever been told by a doctor or other health professional that you have any of the following? (Circle one response for each item)					
	No	Yes	Don't know		
Sleep apnea or obstructive sleep apnea.	0	1	9		
Insomnia.	0	1	9		
Restless legs.	0	1	9		

TECH22

Vascular Testing

OMB NO=0925-0216 12/31/2007

Exam 8 Framingham Study Vascular Function Participant Worksheet						
	Keyer 1: Keyer 2:					
0 1 9 If yes, discontinue PAT	Do you have a latex allergy? (0=No, 1=Yes, 9=Unknown)					
0 1 9 If yes, discontinue brachial	Do you have active Raynaud's disease, as manifested by daily attacks of Raynaud's currently blue fingers or ischemic finger ulcers? (0=No, 1=Yes, 9=Unknown)					
0 1 2 3 8 9 If 1(right), discontinue brachial If 2(left), BP on right	Women Only: Have you had a radical mastectomy on right side? A radical mastectomy is the removal of the breast, associated lymph nodes, and underlying musculature. Does NOT include lumpectomy or simple mastectomy. (0=No, 1=Yes, right, 2=Yes, left, 3=Yes, both, 8=Male, 9=Unknown)					
0 1 9 if yes fill •	Have you had any caffeinated drinks in the last 6 hours? (0=No, 1=Yes, 9=Unknown) How many cups? (99=Unkown)					
0 1 9	Have you eaten anything else including a fat free cereal bar this morning? (0=No, 1=Yes, 9=Unknown)					
0 1 9 if yes fill •	Have you smoked cigarettes in the last 6 hours? (0=No, 1=Yes, 9=Unkn) _ : If yes, how many hours and minutes since your last cigarette? (99:99=Unknown)					
	PAT SCAN					
_ / _ /	Date of PAT scan? (mo/day/yr)					
<u> _ _ </u>	PAT Sonographer ID					
_ _ •	Room temperature (Celsius)					
<u> _ _ </u>	Mean systolic baseline blood pressure					
<u> _</u>	Cuff inflation pressure (Baseline SBP + 50 or 250)					
0 1 2 If no (0) or partial (2)	Was PAT protocol completed? (Determined at time of scan or at time of interpreting) 0=No: protocol was not completed i.e. none of 3 parts completed of Baseline, Doppler, Deflation. 1=Yes: protocol was done and completed i.e. all 3 parts completed of Baseline, Doppler, Deflation 2=Yes, Partial: protocol was partially completed i.e. 1 part of 3 completed, 2 of 3 completed of Baseline, Doppler, Deflation PAT scan deviations: circle ALL that apply 1: Subject refusal 2: Subject discomfort 3: Time constraint 4 Equipment problem (if not #5 or #6), specify 5: Foot pedal problem/cuff sequence problem 6: Doppler problem 7: Other, specify					

TONOMETRY

OMB NO=0925-0216 12/31/2007

Tonometry						
_ / _ /	Date of tonometry scan? Mo/Day/Yr					
	Tonometry Sonographer ID					
-	Tonometry CD number					
0 1	Was tonometry done? 0= No, test was not attempted or done 1= Yes, test was done, even if all 4 pulses could not be acquired and recorded.					

	Not for	· Data Entry.	
Distances:			
Carotid(mm)	Brachial(mm)	Radial(mm)	Femoral(mm)

FHS ECHOCARDIOGRAPHY ULTRASONOGRAPHER WORKSHEET

Study Date//	Study type	0 1 2 (0=exam, 1=repeat	study, 2=othe	r)	EXAM
Data entry date/	/;//		Data	entry ID _	1 st	2
ECHO done?	\sim Yes=1 \sim N	No=0		Room #	106	108
Tech ID	Height (inch	es)			Sex M F	I
Video MOD #	if no video MOD, code 0	SVHS #_	if no SV	VHS#, code 0	SVHS location	n
Images available for me						
(If neither box is checked						S
	STUDY	QUALITY	<u>′</u>			
<u>Quantitative</u>	Good	<u>Fair</u>	$\frac{\mathbf{Poor}}{\sim =3}$	<u>Inad</u>	<u>equate</u>	
M-mode Ao/LA	~=1	~=2	~=3	~=4		
M-mode LV	~=1		~=3			
2-D LV	~=1	~=2	~=3	~=4		
PW mitral inflow	~=1	~=2	~=3	~=4		
Omali4i4a4ima						
Qualititative	1	2	2	4		
2-D study	~= <u>l</u>	~=2	~=3	~=4		
	~=1					
Color Doppler	~=1	~=2	~=3	~=4		
Overall study quality	~=1	~=2	~=3	~=4		
Comments:						
~ Priority MD overread:	_					
~ Severe AS	~ Seve	ere MS		~ Mod-	severe	
regurgi	itation					
~ I nrombus	$\sim \text{veg}$	etation		~ Mass		
~ Large pericardial	effusion ~ Sign	ificant LV d	ysfunction≤30	% LVEF		
will call MD if Pt. not kno		-		T 7	. 1 11.1	. 1 . 15
~ Other			_			ickness≥15 mr
Called Dr.				Date/tir	ne:	
~ MD overread, other:						
~> Mild LAE		ild AoR dil.			V abnormalit	-
~ Any LVH	~ Any			\sim LV W		9 LVEF
\sim MS		ild MAC		~ Any I		
\sim AS		ıspid AV		~ Valve	prosthesis	
~ > Mildregu	urgitation					
~ Other						
Requested by:			-	For:		
Dr				Date:		
Dr Reader	OverReader	Re	eading 1 2	Date i	nterpreted_	//
_ _	<u> </u>	_	_			o/day/yr)

LA enlargement Other LA comment	~ 0=no ~ 1=bor	derln. ~ 2=mild	~ 3=moderate	~ 4=severe	~ 9=unknown
Mitral Valve MV thickening MS MAC MVP Other MV comment	~ 0=normal ~ 1=pro ~ 0=no ~ 1=mir ~ 0=normal ~ 1=pos ~ 0=no ~ 1=mir ~ 0=no ~ 1=min.su	nimal ~ 2=mild sible ~ 2=likely nimal ~ 2=mild ~ 2=mild	~ 3=moderate ~ 3=moderate ~ 3=moderate	~ 4=prosth. ~ 4=severe ~ 4=severe ~ 4=severe	~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown
Aortic Valve AV thickening AV cusp excursion Bicuspid AoV Aortic Root Aortic root dilation Aortic root calcium Other AV/AR comment	~ 0=normal ~ 1=pro ~ 0=no ~ 1=mir ~ 0=normal ~ 1=mir ~ 0=no ~ 1=yes ~ 0=normal ~ 1=pro ~ 0=no ~ 0=no ~ 1=mir	nimal ~ 2=mild ~ 2=mild ~ 2=maybe ~ 2=abnormal ~ 2=present	~ 3=moderate ~ 3=moderate ~ 3=moderate	~ 4=prosth. ~ 4= severe ~ 4= severe ~ 4= severe	~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown
LV Structure LV enlargement LVWT, concentric LVWT, other		derline ~ 2 =mild derline ~ 2 =mild	\sim 3=moderate \sim 3=moderate \sim 3=ISH	~ 4=severe ~ 4=severe ~ 4=oth	~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown
LV Regional WMA Septum Anterior Anterior/Anterolateral Posterior Inferior Apex	~ 0=normal ~ 1=pro ~ 0=normal ~ 1=paro ~ 0=normal ~ 0=normal ~ 0=normal ~ 0=normal ~ 0=normal		\sim 3=akinetic \sim 3=akinetic \sim 3=akinetic \sim 3=akinetic	~ 4=dyskinetic ~ 4=dyskinetic ~ 4=dyskinetic ~ 4=dyskinetic ~ 4=dyskinetic ~ 4=dyskinetic	~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown
LV Systolic Function LV ejection fraction Other LV comment	~ 0=normal ~ 1=pro ~ 0=normal ~ 1=boro		~ 3=moderate	~ 4=global ~ 4= severe	~ 9=unknown ~ 9=unknown LVEF%
Right Heart/Pericardium RA enlargement RV enlargement RV hypertrophy Pericardial fluid Other right!/pericardium			~ 3=moderate ~ 3=moderate ~ 3=moderate ~ 3=medium	~ 4=severe ~ 4=severe ~ 4=severe ~ 4=large	~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown
Valve Regurgitation Mitral Aortic Tricuspid	~ 0=none ~ 0=none	ce ~ 2=mild	~ 3=moderate ~ 3=moderate ~ 3=moderate	~ 4=m-s ~5=sev ~ 4=m-s ~5=sev ~ 4=m-s ~5=sev	~ 9=unknown ~ 9=unknown ~ 9=unknown ~ 9=unknown
Mitral Stenosis Aortic Stenosis Other Doppler comment	~ 0=none ~ 1=triv ~ 0=none ~ 1=triv	2 11	~ 3=moderate ~ 3=moderate	~ 4=severe ~ 4=severe	~ 9=unknown ~ 9=unknown

Comments:

Clinical correlation is suggested Technically limited study

 ~ 0 =not applicable ~ 0 =no

~ 1=yes

~ 1=yes

OFFSPRING EXAM 8 LOG BOOK SHEET FOR TONOMETRY, PAT AND ECHO TESTS

OMB NO=0925-0216 12/31/2007

Date of Clinic Visit				Room #	106	108
	Mo	Day	Yr			

TONOMETRY							
Test done?	yes no (test was done, even if all 4 pulses could not be acquired and recorded) (test was not attempted or done)	If no, why: Circle all that apply 1. Subject refusal 2. Subject discomfort					
30 49 88 740 750 54	Sonographer ID# Video CD#	 3. Time constraint 4. Equipment problem, specify 7. Other, specify 					
//	TONOMETRY test date if different from Clinic Date above.						

ЕСНО						
Test done?	yes (test was done, even if recorded on video only)	` 1	(test was not attempted or done)	If no or partial, why: Circle all that apply 1. Subject refusal		
30 49 88 740 750 _ _ -	Sonographer SVHS#	· ID#		2. Subject discomfort3. Time constraint4. Equipment problem, specify		
MD overread require		ate if different fro aboves		7. Other, specify		

		PAT	:	
Test done?	yes (test was done) attempted	yes, partial (yes, partial test was done but suspect data problems)	no (test was not or done)	If no or partial, why: Circle all that apply 1. Subject refusal
30 49 88 740 750 54	Sonograph Video CD#		,	2. Subject discomfort3. Time constraint4. Equipment problem, specify
//	PAT test d Date above	ate if different from (e.	Clinic	5. test contraindication7. Other, specify8. Latex allergy

EXAM 8 «IDType»- «ID» «LNam	ne», «FName»		
OMB NO=0925-0216 12/31/2007			
Date of exam			
/			
Framingham Heart Study Offspring Exam 8			
Summary Sheet to Personal Physician			
Blood Pressure	First Reading	Second Reading	
Systolic			
Diastolic			
ECG Diagnosis			
The following tests are done on a routine basis Echocardiogram findings will be forwarded at Summary of Findings 1.No hx or physical exam findings (check box if applicable)	a later date only	if <u>abnormal.</u>	

The Heart Study Clinic examination is not comprehensive and does not take the place of a routine physical examination.

Examining Physician

Referral Tracking

OMB NO=0925-0216 12/31/2007

if yes fill be	
RESULT	Reason for further evaluation: 0=No, 1=Yes, 9=Unknown
	Blood Pressure result/ mmHg Phone call $> 200/110$ Expedite $\ge 180/100$ Elevated $> 140/90$
<u> </u>	Abnormal Urine result
	Write in abnormality
Ш	ECG abnormality
<u> </u>	Clinic Physician
	identified medical problem
	Other
	Technician ID#
	Was there an adverse event in clinic/offsite that does not require further medical evaluation? (0=No, 1=Yes, 9=Unkown) Comments:
offcite inly if yes fill	_ Technician ID# (OFFSITE visits only) Was a FHS physician contacted during the examination due to adverse exam finding? (0=No, 1=Yes, 9=Unknown) Comments:

TECH23

OMB NO=0925-0216 12/31/2007

Method used to inform participant of need for further medical evaluation (circle ALL that apply)		
1	Face-to-face in clinic	
2	Phone call	
3	Result letter	
4	Other	

Method used to inform participant's personal physician of need for further medical evaluation (circle ALL that apply)		
1	Phone call	
2	Result letter mailed	
3	Result letter FAX'd	
4	Other	

Date referral made://	Use 4 digits for year
ID number of person completing the referral:	
Notes documenting conversation with participant	or participant's personal physician:

TECH24

Medical History—Hospitalizations, ER Visits, MD Visits Offspring EXAM 8 DATE

OMB NO=0925-0216	12/31/2007
Last evam on: //I Fx	zamw

Last Health History Update on: «	«LUpdate»
----------------------------------	-----------

	Health Care
<u> 0 </u>	1st Examiner Prefix (0=MD, 1=Tech. for OFFSITE visit)
	1st Examiner ID 1st Examiner Name
	Hospitalization (not just E.R.) since your last exam (0=No; 1=yes, hospitalization, 2=yes, more than 1 hospitalization, 9=Unknown)
	E.R. Visit since your last exam (0=No; 1=Yes, 1 or more E. Room visit, 9=Unk)
<u> </u>	Day Surgery (0=No, 1=Yes, 9=Unknown)
<u> </u>	Major illness with visit to doctor (0=No, 1=Yes, 1 visit; 2=Yes, more than 1 visit; 9=Unk)
	Have you had a fever or infection in past two weeks? (0=No, 1=Yes, 9=Unknown)
	Check up by doctor in past 5 years (0=No, 1=Yes, 9=Unknown)
MM DD YYYY	Date of this FHS exam (Today's date - See above)

Note: if FHS needs outside hospital record, please obtain details: mo/yr, hospital site.

Medical Encounter	Month/Year (of last visit)	Site of Hospital or Office	Doctor

Medical History—Medications

OMB NO=0925-0216 12/31/2007

	Take aspirin regularly? (0=No, 1=Yes, 9=Unk)		
If yes,		Number aspirins taken regularly (99=Unknown)	
fill		Frequency per (1=Day, 2=Week 3=Month, 4=Year, 9=Unk)	
		Usual dose (081=baby,160=half dose, 325=nl, 500=extra or larger,999=unk)	

	Since your last exam have you taken medication for hypertension/high blood pressure? (0=no, 1=yes,now, 2=yes,not now, 9=unk)
<u> </u>	Since your last exam have you taken medication for high blood cholesterol or high triglycerides? (0=no, 1=yes, now, 2=yes,not now, 9=unk)
<u> _ </u>	Since your last exam have you been told by a doctor you have high blood sugar or diabetes? (0=no, 1=yes,now, 2=yes,not now, 9=unk)
	Since your last exam have you taken medication for cardiovascular disease (for example angina/chest pain,heart failure, atrial fibrillation/heart rhythm abnormality, stroke, leg pain when walking? (0=no, 1=yes,now, 2=yes,not now, 9=unk)

MD02

Medical History - Prescription and Non-Prescription Medications

OMB NO=0925-0216 12/31/2007

Copy the name of medicine, the strength including units, and the total number of doses per day/week/month. Include pills, skin patches, eye drops, creams, salves, injections. . Include <u>herbal, alternative, and soy-based preparations.</u>

Medication bottles/packs used by examiner to record medications? 0=No, 1=Yes
--

List medications taken regularly in past month/ongoing medications

Medication Name (Print first 20 letters)	Strength (include mg, IU, etc)	Number per (day/week/month) (circle one)	Prn (0=no, 1=yes, 9-unkn)
EXAMPLE: S A M P L E D R U G N A M E	100 mg	1 (D) W M	0
	1	DWM	
	1	DWM	
	_	DWM	
	-	DWM	
	1	DWM	
		DWM	
	1	DWM	
	1	DWM	

Medical History—Prescription and Non-Prescription Medications Continue from screen 3.

OMB NO=0925-0216 12/31/2007

Copy the name of medicine, the strength including units, and the total number of doses per day/week/month. Include pills, skin patches, eye drops, creams, salves, injections. Include <a href="https://example.com/herbal.gov/herbal.g

List medications taken regularly in past month/ongoing medications

Medication Name (Print first 20 letters)	Strength (include mg, IU, etc)	Number per (day/week/month) (circle one)	Prn (0=no, 1=yes, 9-unkn)
EXAMPLE: S A M P L E D R U G N A M E	100 mg	1 (D) W M	9
	1	DWM	
		DWM	
	1	DWM	

MD04

Medical History-Female Reproductive History. Part 1.

| OMB NO=0925-0216 | 12/31/2007

If participant is male, leave questions blank

 If yes,	1. Since your last exam have you taken or used oral contraceptive pills, shots, or hormone implants for birth control or medical indications (not post menopausal hormone replacement)? (0=no, 1=yes, now, 2=yes, not now, 9=unknown)					
fill	What is the name of the current or mos	st recent oral contrac	ceptive, shot or implant used?			
	Na	nme				
	Str	rength				
	Fo	orm	(1=pill, 2=shot, 3=patch, 4=implant)			
			mo/yr began, mo/yr ended, year – 4 digits) own, 88/8888=current user			
 If yes,	9=unknown)	erus/womb remove	ed)since your last exam? (0=no, 1=yes,			
fill						
		Use 4 digits for year	99/9999=Unknown			
<u> </u>	3. Since your last exam have you had a	an operation to removed, 3=	nove one or both of your ovaries?			
fill	_ Age when ovaries removed? Is	,	y, use age at last surgery			

MD05

Medical History–Female Reproductive History. Part 2.

OMB NO=	0925-0216 12/						
	4. Have your periods stopped (for one year or more)? (Have you reached menopause?) (0=not stopped, pregnant, breast feeding, 1=stopped but now have periods induced by hormones, 2=yes stopped>1 year, 3=yes stopped<1 year, 9=unknown)						
TE DEDI	ODG NOT GE		ne of the boxes below, not both!				
IF PERI	ODS NOT ST	OPPED (pre-menopausal, preg	gnant, breast feeding!)				
//_	When w	as the first day of your last m	nenstrual period?(Use 4 digits for year,	99/9999=Unknown)			
	_ How ma	ny periods have you had in p	ast 12 months?				
IF PER horm.rep		PED (post-menopausal, post-	-menopausal on hormone replacem	ent, or peri-menopausal on			
	, 0	n periods stopped (00=not so	stopped, 99=unknown)! If periods no	w induced by hormones, code			
	b) Was your (1=natural, 2=	r menopause natural or th -surgical, 3=chemo/radiation, 4	e result of surgery, chemotherap =other, 9=unknown)	y, or radiation?			
		ur last exam have you take s, now, 2=yes, not now, 9=unk	en hormone replacement therapy nown)	? (estrogen/progesterone)			
If yes,	<u> _</u>	What age did you begin ho	rmone replacement therapy?	99=unknown			
	 years _ months	For how long did you take	hormones?	99/99=unknown			
	 If yes,	Estrogen use? (0=no, 1=yes	, now, 2=yes, not now, 9=unknown)				
	fill		Name of most recent estrogen p	reparation			
		· _	Strength				
			Number of days per month take	n			
	<u> </u>	Progesterone use? (0=no, 1=	=yes, now, 2=yes, not now, 9=unknow	n)			
	fill		Name of most recent progestero	ne preparation			
		_ ·	Strength				
		_ _	Number of days per month take	n			
 If yes, fill ❤	Modulator (SERM)?						
1111 -		Number of months used?	wu <i>j</i>				
		Current use? (0=no, 1=yes,	raloxifene, 2=yes, tamoxifen, 3=yes, o	other, 9=unknown)			

MD06

Medical History--Smoking

OMB NO=0925-0216 12/31/2007

		Cigarettes		
_	Since your la a day for 1 ye	ast exam have you smoked cigarettes regularly? (No means less that ear.) (0=no, 1=yes, 9=unk)	an 1 cigarette	
If yes, fill ∽	<u> _ </u>	Have you smoked cigarettes regularly in the last year?		
	<u> </u>	Do you now smoke cigarettes (as of 1 month ago)?		
		How many cigarettes do you smoke per day now?		
	_	On average, since your last exam, how many cigarettes did you smo	oke per day?	
	_	How old were you when you first started regular cigarette smoking? (99=Unk.)		
		If you have stopped smoking cigarettes completely, how old were you when you stopped? (Age stopped, 00=not stopped, 99=Unk)		
	<u> </u>	During the time you were smoking since your last exam, did you ever stop smoking for >6 months? _ During the time since your last exam, for how many years in total did you stop smoking cigarettes (00=never stopped)		
	If yes, fill♥			
Other				
	Since your la	ast exam, have you regularly smoked a pipe or cigar?	0=No 1=Yes	
If yes, fill	Do you	smoke a pipe or cigar now	9=Unknown	

MD07

Do you smoke a pipe or cigar now

Medical History - Alcohol Consumption.

OMB NO=0925-0216 12/31/2007

In the interim did you drink any of the following beverages at least once a month?						
Drink?		If yes, complete for number of drinks in a typical week/month over past year. Code EITHER per week OR per month as appropriate.				
0=No,	Beverage		Number	of drinks		
1=Yes, 9=Ukn			Per week O	R Per month		
L	Beer	12oz bottle, glass, can	_ _	_ _		
<u> _ </u>	Wine	4oz glass		_ _		
<u> _ </u>	Liquor/spirits	1 _ oz jigger				
	At what age did	you stop drinking al	cohol? (00= not stopped, 888=ne	ver drink99=Unknown)		
	Over the past year, on average on how many days per week did you drink an alcoholic beverage of any type? (1=1or less, 9=Unknown)					
	Over the past year, on a typical day when you drink, how many drinks do you have? (99=Unknown)					
_ _	What was the maximum number of drinks you had in 24 hr. period during the past month? (99=Unknown)					
<u> </u>	Has there ever b		fe when you drank 5 or mo	ore alcoholic drinks of		

MD08

Medical History—Respiratory Symptoms. Part I

OMB NO=0925-0216 12/31/2007

		Cough			
	Do you usua	ally have a cough? (Exclude clearing of the throat)		0=No 1=Yes	
	Do you usually have a cough at all on getting up or first thing in the morning?				
If YES to	o either questi	ion above answer the following:			
	Ш	Do you cough like this on most days for three consector more during the past year?	utive months	0=No 1=Yes 9=Don't know	
		How many years have you had this cough? (99=Unk.))	# of years	
		Phlegm			
	Do you usua	ally bring up phlegm from your chest?		0=No	
<u> </u>	morning?	ally bring up phlegm at all on getting up or first thin	ng in the	1=Yes 9=Don't know	
If YES to	o <mark>either</mark> questi	ion above answer the following:			
		Do you bring up phlegm from your chest on most day days/week) for three consecutive months or more during		0=No 1=Yes 9=Don't know	
		How many years have you had trouble with phlegm?		# of years	
		Wheeze			
	In the last 1 any time?	2 months, have you had wheezing or whistling in yo	ur chest at	0=No 1=Yes 9=Don't know	
if yes, fill all		In the last 12 months, how often have you had this wheezing or whistling?	3=A few days	or nights or nights a week or nights a month or nights a year	
		In the past 12 months, have you had this wheezing in the chest when you had a cold?	or whistling	0=No 1=Yes	
		In the past 12 months, have you had this wheezing in the chest apart from colds?	g or whistling	9=Don't know	
		In the last 12 months, have you had an attack of w whistling in the chest that had made you feel short	heezing or t of breath?		

MD09

Medical History—Respiratory Symptoms. Part II

OMB NO=0925-0216 12/31/2007 Nocturnal chest symptoms In the last 12 months, have you been awakened by shortness of breath? 0=No1=Yes In the last 12 months, have you been awakened by a wheezing/whistling in 9=Don't know your chest? In the last 12 months, have you been awakened by coughing? 9=Unknown 0=Not at all In the last 12 months, how often have you been if yes, 1=Most days or nights awakened by coughing? fill all 2=A few days or nights a week 3=A few days or nights a month 4=A few days or nights a year Shortness of breath Are you troubled by shortness of breath when hurrying on level ground or walking up a slight hill? Do you have to walk slower than people of your age on level ground if yes, because of shortness of breath? fill all Do you ever have to stop for breath when walking at your own pace on level ground? $0=N_0$ Do you ever have to stop for breath after walking 100 yards (or after a few minutes) on level ground? 1=Yes 9=Don't Do you/have you needed to sleep on two or more pillows to help you breath? know (Orthopnea) Since your last exam have you had swelling in both your ankles (ankle edema)? Since your last exam have you been told you had heart failure or congestive heart failure? Since your last exam have you been hospitalized for heart failure? Examiner's opinion: 0=No, 1=Yes2=Maybe,9=Unkn First examiner believes CHF **Comments**

MD10

OMB NO=0925-0216 12/31/2007

Physician Blood Pressure (first reading)						
Systolic Diastolic BP cuff size Protocol modification						
to nearest 2 mm	to nearest 2 mm Hg	0=pedi,1=reg.adult, 2=large adult, 3= thigh, 9=unknown	0=No, 1=Yes, 9=Unknown			
Comments on protocol modification						

MD11

Medical History—Chest pain OMB NO=0925-0216 12/31/2007 (0=No, 1=Yes, 2=Maybe, 9=Unknown) Any chest discomfort (please provide narrative comments in addition to checking the appropriate boxes) if yes, fill Chest discomfort with exertion or excitement (0=No, 1=Yes, 2=Maybe, 9=Unknown) and Chest discomfort when quiet or resting belo w Chest Discomfort Characteristics (must have checked box at top of table) Date of onset (mo/yr, Use 4 digits for year, 99/9999=Unknown) Usual duration (minutes: 1=1 min or less, 900=15 hrs or more, 999=Unknown) Longest duration (minutes: 1=1 min or less, 900=15 hrs or more, 999=Unknown) Location (0=No, 1=Central sternum and upper chest, 2=L Up Quadrant, 3=L Lower ribcage, 4=R Chest, 5=Other, 6=Combination, 9=Unknown) Radiation (0=No, 1=Left shoulder or L arm, 2=Neck, 3=R shoulder or arm, 4=Back, 5=Abdomen, 6=Other, 7=Combination, 9=Unknown) Frequency 999=Unknown (number in past month) Frequency 999=Unknown (number in past year) (1=Pressure, heavy, vise, 2=Sharp, 3=Dull, 4=Other, 9=Unk) Type Relief by Nitroglycerine in <15 minutes 0=NoRelief by Rest in <15 minutes 1=Yes. Relief Spontaneously in <15 minutes 8=Not tried Relief by Other cause in <15 minutes 9=Unknown Since your last exam have you been told by a doctor you had a 0=No, 1=Yes, 2=Maybe heart attack or myocardial infarction? 9=Unknown **CHD First Opinions** Angina pectoris (0=No,Angina pectoris since revascularization procedure 1=Yes, 2=Maybe, Coronary insufficiency 9=Unknown) **Myocardial infarct**

Comments_____

MD12

Medical History—Atrial Fibrillation/Syncope

OMB NO=0925-0216 12/31/2007

	Have you been told you have/had a heart rhythm problem called atrial fibrillation? (0=No, 1=Yes, 2=Maybe,, 9=Unknown)				
if yes, fill					
		ER/hospitalized or saw M.D. (0=No, 1=Hosp/9=Unkn) Hospitalized at: M.D. seen:			
		have you fainted or lost consciousness? eded by head injury or accident code 0=No)	Code: 0=No, 1=Yes, 2=Maybe, 9=Unknown		
if yes,		Number of episodes in the past two years	(999=Unknown)		
fill all	* _	Date of first episode (use 4 digits for year, i.e. 1998)	(mo/yr, 99/9999=Unknown)		
		Usual duration of loss of consciousness	(minutes, 999=Unkn) 1=1 min or less		
	_ Did you have	e any injury caused by the event?(0=No,1=Yes, 2	=Maybe,9=Unkn)		
	ER/h 0	ospitalized or saw M.D. (0=No, 1=Hosp/ER, 2=	Saw M.D., 9=Unkn)		
	Hospita	alized at:			
	M.D. s	seen:			
	History (since your last exam) of having a head injury with loss of consciousness (0=No, 1=Yes, 2=Maybe, 9=Unknown)				
if yes, fill ≠	_ _ * _ * _ * _ _ mm dd yyyy	Date of serious head injury with loss of cons 99/99/9999=unk, Use 4 digits for year)	ciousness (00/00/0000 =none,		
	History of a seizure (2=Maybe,, 9=Unknown)	disorder Since your last exam have you had a s	seizure? (0=No, 1=Yes,		
if yes, fill	mm dd yyyy	Date of most recent seizure (99/99/9999=u	nk) code four digit year		
		Are you being treated for a seizure disorder? 9=Unknown)	(0=No, 1=Yes, 2=Maybe,		
		Syncope First Opinions			
	Syncope (0=No. 1=Yes	, 2=Maybe, 3=Presyncope, 9=Unknown) needs second of	opinion		
''		ardiac syncope			
		asovagal syncope	(0=No, 1=Yes, 2=Maybe, 9=Unknown)		
	· -	Other-Specify:	y chinio iii)		
Comments	· -				

MD13

Medical History—Cerebrovascular, Neurological and Venous Diseases

OMB NO=0925-0	216 12/31/2007				
	Cerebrovascul	ar Episodes Since Your Last Exam			
	Sudden muscular weakness				
<u> </u>	Sudden speech difficulty				
	Sudden visual defect		Code:		
<u> </u>	Sudden double vision		0=No, 1=Yes,		
	Sudden loss of vision in one	eye	2=Maybe, 9=Unknown		
: 6	Sudden numbness, tingling) Chknown		
if yes, fill 🖝	Numbness and tingl	ing is positional			
	Head CT or MRI scan date place		0=No,1=Yes, 2=both,9=Unkn.		
	Seen by neurologist(write in	who and when below)			
<u> </u>	Have you been told by a doc (transient ischemic attack, n		Code: 0=No, 1=Yes,		
	Have you been told by a doctor you have Parkinson Disease? 2=May 9=Unki				
	Have you been told by a doctor you have memory problems, dementia or Alzheimer's disease?				
	Do you feel or do other peop prevent you from doing thin	le think that you have memory problems that gs you've done in the past?			
	Cerebrova	ascular Disease First Opinions			
	TIA or stroke took place		0=No, 1=Yes, 2=Maybe, 9=Unkn		
if yes or maybe fill ❤	*	Date (mo/yr, Use 4 digits for year, 99/9999=Unkn) Observed by			
	* *	Duration (use format days/hours/mins, 99/99/99=Unl	known)		
		Hospitalized or saw M.D. (0=No, 1=Hosp.2=Saw Name			
		Address			
Neurology Comments					
		Venous Disease			
	Since your last exam ha (blood clots in legs or arms)	ve you had a Deep Vein Thrombosis	0=No, 1=Yes,		
	Since your last exam ha clot in lungs)	ve you had a Pulmonary Embolus (blood	2=Maybe, 9=Unknown		

MD14

Medical History--Peripheral Arterial Disease

OMB NO-	=0925-0216 12/31/2007	Peripheral Arterial Disease					
	Do you have discomfort in your legs while walking? (0=No, 1=Yes, 9=Unkn)						
if yes, fill •							
	Year symptoms started (Use 4 digits for year ,00=no, 9999=unkn)						
	Left Right Claudication symptoms (0=No, 1=Yes, 9=Unkn)						
		Discomfort in calf while walking					
		Discomfort in lower extremity (not calf) while walking	g				
		Occurs with first steps (code worse leg)					
		After walking a while (code worse leg)					
		Related to rapidity of walking or steepness					
		Forced to stop walking					
		Time for discomfort to be relieved by stopping (minut (00=No relief with stopping, 88=Not Applicable, 99=					
	_	Number of days/month of lower limb discomfort (00=	No,88=N/A,99=Unk.)				
<u> </u>	Have you had back	x pain in the past 12 month?	0=No, 1=all days, 2=most of the days, 3=some days, 4=a few days				
if yes, fill 🕶	uit wit	hat happens to back and any leg pain that goes th it when you walk?	0=no change, 1=gets worse,				
	wit	hat happens to back and any pain that goes th it when you sit?	2=gets better, 9=Unknown				
	Have you ever been claudication or per	n told by a doctor you have intermittent ripheral arterial disease ?	0=No, 1=Ves				
	Has a doctor ever told you you had spinal stenosis? 1=Yes, 9=Unknown						
if yes, fill •	<u> </u>	ve you had a CT or MRI of your spine? te Location					
PAD First Opinion							
<u> </u>	Intermittent Claudic	ation	0=No, 1=Yes, 2=Maybe,9=Unkn.				
Comments Peripheral Vascular Disease / Venous Disease							

MD15

Medical History-- CVD Procedures

OMB NO=0925-0216 12/31/2007

Coding: 0=No, 1=Yes 2=Maybe, 9=Unkn	Cardiovascular Procedures (if procedure was repeated code only first and provide narrative) (write 4 digits for year, i.e. 1998, 1999, 2000)
	Heart Valvular Surgery
if yes fill ●	_ Year done (9999-Unk) Location and description
<u> </u>	Exercise Tolerance Test
if yes fill	_ _ Year done (9999-Unk) Location
<u> </u>	Coronary arteriogram
if yes fill	_ _ Year done (9999-Unk)
1 1	Coronary artery angioplasty/stent/PCI
if yes fill	Year done (9999-Unk) Type of procedure (0=none, 1=balloon, 2=stent, 3=other, 9=unkn)
	Coronary bypass surgery
if yes fill	_ _ Year done (9999-Unk)
 if yes	Permanent pacemaker insertion
fill 🗲	_ _ Year done (9999-Unk)
 if yes	AICD
fill	_ _ Year done (9999-Unk)
 if yes	Carotid artery surgery/stent
fill	Year done (9999-Unk)
if yes	Thoracic aorta surgery
fill	Year done (9999-Unk)
if yes	Abdominal aorta surgery/stent Year done (9999-Unk)
fill	Femoral or lower extremity surgery/stent/angioplasty
if yes fill	Year done (9999-Unk)
	Lower extremity amputation
if yes fill	_ Year done (9999-Unk)
	Other Cardiovascular Procedure (write in below)
if yes fill •	Year done (9999-Unk) Description
Write in other proce Comments:	edures, year done, location if more than one.

MD16

OMB NO=0925-0216 12/31/2007

Physician Blood Pressure (second reading)						
Systolic	Systolic Diastolic BP cuff size Protocol modification					
to nearest 2 mm Hg 999=Unknown	_ _ to nearest 2 mm Hg 999=Unknwon	 0=pedi,1=reg.adult, 2=large adult, 3= thigh, 9=Unknown	 0=No, 1=Yes, 9=Unknown			

Write in protocol modification:

Cancer Site or Type

1 1	Since your last exam have you had cancer or a tumor? (0=No and skip to next screen; If 1=Yes, 2=Maybe, 9=Unknown please continue)						
	Code for table: 0=No, 1=Yes, Cancerous, 2=Maybe, Possible Cancer, 3=Benign, 9=Unknown						
	Code	Site of Cancer or Tumor	Year First Diagnosed	Name Diagnosing M.D.	City of M.D.		
		Esophagus					
		Stomach					
		Colon					
		Rectum					
		Pancreas					
		Larynx					
		Trachea/Bronchus/Lung					
		Leukemia					
		Skin					
		Breast					
		Cervix/Uterus					
		Ovary					
		Prostate					
		Bladder					
		Kidney					
		Brain					
		Lymphoma					
		Other/Unknown					

Comment (If participant has more details concerning tissue diagnosis, other hospitalization, procedures, treatments)

Physical Exam—Respiratory, Heart, Abdomen

OMB NO=0925-021		FFSITE VISIT – leave pa	ge BLANK	
		Respiratory		
_ _ _	Wheezing on auscultation Rales Abnormal breath sounds 0=No, 1=Yes, 2=Maybe, 9=Unknown			1=Yes, 2=Maybe,
		Heart		
1.1	S3 Gallop			
	I=Yes			1=Yes 9=Unknown
 	0-No. 1-Voc			0=No, 1=Yes
	Systolic Click 2=Maybe			·
	Neck vein distention	at 90 degrees (sitting up	oright)	9=Unknown
if yes, fill out below	Systolic murmur(s)	(0=No, 1=Yes, 2=Maybe	,	
Murmur Location	Grade 0=No sound 1 to 6 for grade of sound heard 9=Unknown	Type 0=None 1=Ejection 2=Regurgitant 3=Other 9=Unknown	Radiation 0=None 1=Axilla 2=Neck 3=Back 4=Rt. chest 9=Unknown	Origin 0=None, indet. 1=Mitral 2=Aortic 3=Tricuspid 4=Pulm 9=Unknown
Apex				<u> </u>
Left Sternum				
Base			<u> </u>	
<u> </u>	Diastolic murmur(s) (0=No, 1=Yes, 2=Maybe, 9=Unknown)			
if yes,	Valve of origin for diastolic murmur(s) (0=No, 1=Mitral, 2=Aortic, 3=Both, 4=Other, 8=N/A, 9=Unk)			
Abdominal Abnormalities				
	Liver enlarged			0.14
	0=No Surgical scar			0=No 1=Yes
	Abdominal aneurysm 2=Maybe			2=Maybe
· <u> </u>	9=Unknown			9=Unknown
 Comments abou	it respiratory, heart, a	nd abdominal abnorm	nalities	
	1 3)			

Femoral

Popliteal Post Tibial

Physical Exam--Peripheral Vessels—Veins and Arterial pulses OFFSITE VISIT – leave page BLANK

OMB NO=0925-0	0216 12/31/2007				
Left	Right	Varicosities			
<u> </u>	<u> _</u>	Stem varicose veins (Do not code reticular or spider varicosities)	1=Yes	abnormality s known	
Left	Right	Lower Extremity Abnormalities			
<u> </u>		Ankle edema		(o, 1=Yes, 2=Maybe, 8=absent known)	t due to amputation
<u> _ </u>	<u> _ </u>	Amputation level	(0=No 8=No	o, 1=Toes only, 2=Ankle, 3=K ot applicable, 9=Unknown)	Inee, 4=Hip,
Comments	Comments				
Artery		Pulse		Bru	uit
	(0=N	Jormal, 1=Abnormal, 9=Unknow	vn)	(0=Normal, 1=Abno	rmal, 9=Unknown)
		Left Right		Left	Right

Dorsalis Pedis _______

MD19

Physical Exam--Neurological Exam

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OMB NO=0925-0216 12/31/2007

Neurological Exam			
Left	Right		a
<u> </u>		Carotid Bruit	Coding (0=No, 1=Yes,
L	_	Speech disturbance	1=Yes, 2=Maybe,
<u> </u>		Disturbance in gait	9=Unkno wn)
		Other neurological abnormalities on exam Specify)

MD20

Electrocardiograph--Part I

OMB NO=0925-021			
_ _ _	OFFSITE ONLY MD Id# MD Name		
	Rates and Intervals		
	Ventricular rate per minute (999=Unknown)		
_ _	P-R Interval (hundreths of a second) (99=Fully Paced, Atrial Fib, or Unknown)		
_	QRS interval (hundreths of second) (99=Fully Paced, Unknown)		
_	Q-T interval (hundreths of second) (99=Fully Paced, Unknown)		
	QRS angle (put plus or minus as needed) (e.g045 for minus 45 degrees, +090 for plus 90, 9999=Fully paced or Unknown)		
	Rhythmpredominant		
	0 or 1 = Normal sinus, (including s.tach, s.brady, s arrhy, 1 degree AV block) 3 = 2nd degree AV block, Mobitz I (Wenckebach) 4 = 2nd degree AV block, Mobitz II 5 = 3rd degree AV block / AV dissociation 6 = Atrial fibrillation / atrial flutter 7 = Nodal 8 = Paced 9 = Other or combination of above (list)		
	Ventricular conduction abnormalities		
<u> </u>	IV Block (0=No, 1=Yes, 9=Fully paced or Unknown)		
if yes, fill	Pattern (1=Left, 2=Right, 3=Indeterminate, 9=Unknown)		
	Complete (QRS interval=.12 sec or greater)(0=No, 1=Yes, 9=Unknown)		
	Incomplete (QRS interval = .10 or .11 sec) (0=No, 1=Yes, 9=Unknown)		
	Hemiblock (0=No, 1=Left Ant, 2=Left Post, 9=Fully paced or Unknown)		
<u> _ </u>	WPW Syndrome (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)		
	Arrhythmias		
	Atrial premature beats (0=No, 1=Atr, 2=Atr Aber, 9=Unknown)		
	Ventricular premature beats (0=No, 1=Simple, 2=Multifoc, 3=Pairs, 4=Run, 5=R on T, 9=Unk)		
<u> _ </u>	Number of ventricular premature beats in 10 seconds (see 10 second rhythm strip)		

MD21

Electrocardiograph-Part II

OMB NO=0925-0216 12/31/2007 **Myocardial Infarction Location** Anterior (0=No. 1=Yes. **Inferior** 2=Maybe, 9=Fully paced or Unknown) **True Posterior** Left Ventricular Hypertrophy Criteria R > 20mm in any limb lead $(0=N_0,$ 1=Yes, R > 11mm in AVL 9=Fully paced, Complete LBBB or Unk) R in lead I plus S in lead III ≥ 25mm **Measured Voltage R AVL in mm** (at 1 mv = 10 mm standard) Be sure to code these voltages **S V3 in mm** (at 1 mv = 10 mm standard) Be sure to code these voltages R in V5 or V6----S in V1 or V2 **R≥** 25mm S≥ 25mm (0=No, R or $S \ge 30$ mm ì=Yes, 9=Fully paced, Complete LBBB or Unk) $R + S \ge 35mm$ Intrinsicoid deflection ≥ .05 sec S-T depression (strain pattern) Hypertrophy, enlargement, and other ECG Diagnoses Nonspecific S-T segment abnormality (0=No, 1=S-T depression, 2=S-T flattening, 3=Other, 9=Fully paced or unknown) Nonspecific T-wave abnormality (0=No, 1=T inversion, 2=T flattening, 3=Other, 9=Fully paced or unknown) U-wave present (0=No, 1=Yes, 2=Maybe, 9=Paced or Unknown) Atrial enlargement (0=None, 1=Left, 2=Right, 3=Both, 9=Atrial fib. or Unknown) RVH (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown; If complete RBBB present, RVH=9) LVH (0=No, 1=LVH with strain, 2=LVH with mild S-T Segment Abn, 3=LVH by voltage only, 9=Fully paced or Unkn, If complete LBBB present, LVH=9) Comments and **Diagnosis**

MD22

Clinical Diagnostic Impression--Part I

	Heart Diagnoses First Examiner Opin	nions
	Rheumatic Heart Disease	
	Aortic Valve Disease	
	Mitral Valve Disease	0=No, 1=Yes,
	Other Heart Disease (includes congenital)	2=Maybe, 9=Unknown
	Arrhythmia	
	Peripheral Vascular Disease First Examin	er Opinions
	Other Peripheral Vascular Disease	0=No,
	Other Vascular Diagnosis	1=Yes, 2=Maybe,
	(Specify)_	9=Unknown
	Neurologic Disease First Examiner On	pinions
	Neurologic Disease First Examiner Op	oinions
	Stroke/ TIA	pinions
 	Stroke/ TIA Dementia	
 	Stroke/ TIA Dementia Parkinson's Disease	0=No, 1=Yes,
 	Stroke/ TIA Dementia Parkinson's Disease Adult Seizure Disorder	0=No,
 	Stroke/ TIA Dementia Parkinson's Disease	0=No, 1=Yes, 2=Maybe,

Clinical Diagnostic Impression--Part II

Non Cardiovascular Diagnoses First Examiner Opinions OMB NO=0925-0216 12/31/2007

Endocrine					
	Thyroid Disease	0=No, 1=Yes, 2=Maybe,			
	Diabetes Mellitus	9=Unknown			
	Other endocrine disorders, specify				
,	GU/GYN				
	Renal disease, specify	9 Nr. 4 Nr.			
	Prostate disease	- 0=No, 1=Yes, 2=Maybe,			
''	Gynecologic problems, specify	9=Unknown			
11	Pulmonary				
1 1	Emphysema	9. 34			
''	Pneumonia	0=No, 1=Yes,			
	Asthma	2=Maybe,			
''	Other pulmonary disease, specify	9=Unknown			
· <u>-</u>	Rheumatologic Disorders	_			
	· · · · · · · · · · · · · · · · · · ·				
	Gout	0=No,			
<u> </u>	Degenerative joint disease	1=Yes,			
	Rheumatoid arthritis	2=Maybe, 9=Unknown			
	Other musculoskeletal or connective tissue disease, specify	— Olikliowa			
	GI				
_	Gallbladder disease	0=No,			
	GERD/ulcer disease	0–N0, 1=Yes,			
	Liver disease	2=Maybe,			
	Other GI disease,	9=Unknown			
	specify				
	Blood				
<u> </u>	Hematologic disorder	0=No, 1=Yes,			
<u> </u>	Bleeding disorder	2=Maybe, 9=Unk			
	Other				
	Eye	0-N- 1-Vos			
<u> </u>	ENT	0=No, 1=Yes, 2=Maybe,			
<u>'</u> '	Skin	9=Unknown			
 	Other, specify				
Infectious Disease					
	If Yes, specify	0=No, 1=Yes,			
		2=Maybe,			
	Mental Health	9=Unknown			
	Depression	0=No,			
<u> </u>	Anxiety	1=Yes,			
<u> </u>	Psychosis	2=Maybe, 9=Unknown			
	Other, specify	— Olikilowii			

Second Examiner Opinions OFFSITE VISIT – leave page BLANK

OMB NO=	0925-0216 12/31/2007				
_ _	2nd Examiner ID Number	2nd Examiner Last Name			
(Coronary Heart Disease Second Examiner Opinions (Provide initiators, qualities, radiation, severity, timing, presence after procedures done)				
<u> </u>	Congestive Heart Failure				
<u> </u>	Cardiac Syncope	0=No,			
<u> </u>	Angina Pectoris	1=Yes, 2=Maybe,			
<u> </u>	Coronary Insufficiency	9=Unknown			
<u> </u>	Myocardial Infarct				
Commer	Comments about chest and heart disease				
Intermittent Claudication Second Examiner Opinions (Provide initiators, qualities, radiation, severity, timing, presence after procedures done) Intermittent Claudication					
II	intermittent Claudication	V 140, 1 163, 2 Maybe, 7 Olikliowii			
Commen	Comments about peripheral vascular disease				
Cerebrovascular Disease Second Examiner Opinions (Provide initiators, qualities, severity, timing, presence after procedures done)					
 	Stroke TIA	0=No, 1=Yes, 2=Maybe, 9=Unknown			
Comments about possible Cerebrovascular Disease					