

BOSTON MEDICAL CENTER
CONSENT ADDENDUM for the eFHS RESEARCH STUDY
Electronic Framingham Heart Study (eFHS)

Title of Project: eFHS: eHealth, Mobile Technology and CVD Risk in the Framingham Heart Study

IRB Number: H-36586

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Framingham Heart Study

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Study Phone Number: (508) 872-6562

This is an addendum to the informed consent form that you signed when you first joined our study and downloaded the eFHS app. The original consent provided the following information about the reminders and communications you will receive as part of this study:

“When there is a study activity that we want you to complete or consider, we will contact you. The study will offer a variety of communication options that you can choose from.”

We are now planning to implement a new procedure involving messaging, and we are contacting you as a participant of the study to ask for your consent to take part in this new component. If you agree, you will be randomly assigned (like the flip of a coin) to receive different types of messaging delivered through the app or by email. Depending on the random assignment, participants will receive messaging with different content, at different times of the week (weekday vs. weekend), and at different times of day (morning vs. evening). We are testing different messaging approaches on the long-term use of the mobile devices and the eFHS app survey responses.

You do not need to agree to participate in this new component of the study; participation is completely voluntary. You can continue to participate in the main study without agreeing to participate in this messaging component. All of the information about the study that is described in the main consent form still applies, and the main consent form can be accessed at the Framingham Heart Study website.

Please click “Agree” below if you consent to take part in the new randomized messaging component of this study: