### Tracking of Revisions to this FHS Protocol MOP

<table>
<thead>
<tr>
<th>Revised Section</th>
<th>Date(s) of Revisions; source</th>
<th>Approved by, Date</th>
<th>Revisions</th>
<th>Previous Pages # section changed</th>
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1.0 EXIT INTERVIEW PROCEDURES

During the exit interview (all staff):

1. Review the referral tracking sheet, MD Completeness and Tech Completeness screens. Review with the participant any referral recommendations.
2. Confirm with the participant that they have completed their Food Frequency Questionnaire and have given it to a FHS staff member.
3. Review that they have/have not participated in the eFHS study.
4. Explain and offer the Actical. If the participant takes the Actical, review the instructions with them.
5. Inform the participants about the Stool Microbiome Study and TBI Study.
6. Ask for feedback from the participant on how they felt about their examination.
7. Write in any comments that are made.
8. Make sure the participant leaves the Center area with all of their belongings; ESPECIALLY THEIR MEDICATION BAG WITH MEDICATIONS. Have the participant physically check their medications in front of you.
9. Read the disclaimer to the participant (on the Exit Interview screen):
   Your exam today was for research purposes only and is not designed to make a medical diagnosis. The exam cannot identify all serious heart and health issues. It is important that you continue regular follow-ups with your physician or health care provider.
10. Give participant the reusable tote bag gift.
11. THANK the participant for their time and willingness to participate.

COMMONLY ASKED QUESTIONS

Q. When will you call me back for my next exam?
A. We can’t say for sure right now. Investigators will begin planning for future exams as our current research contract with NHLBI is completed.

Q. What will be in my report and when will I get it?
A. You will receive your report in roughly 4-6 weeks. Your report will have results of your blood work, your blood pressure, a wallet-sized plastic copy of your ECG, a general statement from the physician who saw you, and a report from the exercise station.

Q. How many participants are involved in the FHS?
A. The original Cohort group had roughly 5200 in 1948. There are roughly about 40 of this group still living. We SAW about 2700 Offspring during Exam 9 and we plan to see about 3600 Generation 3 participants.
## 2.0 Supervisor Checklist

### Exit Interview Supervisor Checklist

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| Review the referral tracking sheet, MD Completeness and Tech Completeness screens. Review with the participant any referral recommendations  
- Have participant check that their medications are all in the bag  
- Have/have not done eFHS  
- Offer Actical  
- Offer Microbiome Kit  
- Offer TBI brochure  
Enter correct responses into RedCap |

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<td>Confirm that ppt has completed FFQ or is taking it home</td>
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| Ask for any feedback from ppt on how they felt about their exam; write in comments  
Read disclaimer:  
**Your exam today was for research purposes only and is not designed to make a medical diagnosis. The exam cannot identify all serious heart and health issues. It is important that you continue regular follow-ups with your physician or health care provider.** |

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| Make sure ppt leaves with all belongings, especially medications.  
Give ppt gift  
Thank them for their time and willingness to participate  
Escort them out |
